28TH KUWAIT OBGYN
ANNUAL CONFERENCE 2026

وزارة الصحة
Ministry of Health
State of Kuwait | دولـــة الكويـت

مستشفـــى الفروانيـــة
FARWANIYA HOSPITAL
قـسم النساء والولادة
OBSTETRICS & GYNECOLOGY DEPARTMENT

AGENDA

DAY 1 - THURSDAY, 12 NOVEMBER 2026

Time	Lecture	Speaker
08:00 - 09:00	Registration & Coffee Break ☕	
09:00 - 09:25	Keynote Speech: Spina Bifida in Utero: Transforming Lives Through Early Surgical Intervention	Dr. Bassel Zebian 🇬🇧
09:25 - 09:30	Q&A	
Session 1 – THEME: General Obstetrics Moderators: Dr. Iman Al-Shamali, Dr. Madhu Gupta		
09:30 - 09:50	Distinguishing SGA from True Growth Restriction: What to Do Next?	Dr. Yaser Faden 🇸🇦
09:50 - 10:10	Saving Two Lives: Earlier Detection of Preeclampsia and Timely Delivery	Dr. Yaser Faden 🇸🇦
10:10 - 10:50	Express Debate: Elective Induction at 39 Weeks – Should It Become Standard Practice?	Moderator: Dr. Basem Hamed Dr. Jehad Al-Harmi 🇰🇼 Dr. Bashayer Saeed 🇰🇼
10:50 - 11:00	Q&A	
11:00 - 11:20	From Refractory GDM to Postpartum Screening: Optimizing Acute Therapy and Future Metabolic Health	Dr. Kawther Al-Shatti 🇰🇼
11:20 - 11:40	Preterm Perfection	Dr. Abdulmohsen Al-Anjari 🇰🇼
11:40 - 12:00	The role of genetics in OBGYN practice	Dr. Hind Al-Sharhan 🇰🇼
12:00 - 12:20	The Weak Link: Comprehensive Care for the High-Risk Cervix	Dr. Hadeel Al-Enezi 🇰🇼
12:20 - 12:30	Q&A	
12:30 - 13:00	Prayer Break 🕌	
13:00 - 14:00	Opening Ceremony: Transforming Healthcare: Achievements, Impact and Future Vision	**Dr. Amal Khader Abdullah** 🇰🇼
14:00 - 15:00	Lunch 🍴	
Session 2 – THEME: General Obstetrics Moderators: Dr. Khalid Al-Najar, Dr. Afrah Al-Rajhi		
15:00 - 15:20	Selective FGR in Monochorionic Twins	Prof. Dalia Elhaieg 🇪🇬
15:20 - 15:40	VTE in Pregnancy: A Journey from Diagnosis to Prevention	Dr. Mohammed Al-Hajri 🇰🇼
15:40 - 16:00	Medical Liability in Obstetrics & Gynecology	Dr. Leena Al-Qassem 🇰🇼
16:00 - 17:00	Discussion Panel: Controversies in Obstetrics	Moderator: Dr. Afrah Al-Rajhi Speakers Panel: Dr. Mariam Khader 🇰🇼 Dr. Ghazi Al-Sarraj 🇰🇼 Dr. Zahra Baqer 🇰🇼
	Q&A	
17:00	Closing Day One	

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AGENDA

DAY 2 - FRIDAY, 13 NOVEMBER 2026

Time	Lecture	Speaker
Session 1 – THEME: Reproductive Medicine Moderators: Dr. Raedah Al-Sadoon, Dr. Fatimah Al-Awadhi		
09:00 - 09:20	Recurrent Pregnancy Loss (immunology point of view)	Dr. Essa Saleh
09:20 - 09:40	A structured approach to abnormal uterine bleeding	Dr. Hisham Arab
09:40 - 10:00	Endometrial receptivity & thin endometrium	Dr. Hisham Arab
10:00 - 10:20	IVF Add-Ons: Evidence, Incentives & integrity	Dr. Khaldoun Sharif
10:20 - 10:40	Ovarian Hyperstimulation Syndrome: Modern Management	Dr. Khaldoun Sharif
10:40 - 11:00	Male Infertility in ART Era: from Diagnosis to conception	Dr. Ali Al-Amiri
11:00 - 11:20	Micro-TESE: surgical pearls, pitfalls and avoiding failure	Dr. Bader Akroof
11:20 - 11:30	Q&A	
11:30 - 13:00	Prayer & Lunch Break	
Session 2 – THEME: Reproductive Medicine Moderators: Dr. Hazem Al-Rumaiah, Dr. Ahmed Abdeltawab		
13:00 - 13:20	Luteal Phase Support in Spontaneous and IVF Pregnancies	Dr. Yasmin Sajjad
13:20 - 13:40	Bridging Oncology and Reproductive Medicine: Strategies for Fertility Preservation	Dr. Saja Sultan
13:40 - 14:00	Personalized Ovarian Stimulation: Are We Truly Individualizing IVF?	Dr. Yasmin Sajjad
14:00 - 14:20	Frozen vs Fresh Embryo Transfer – Is freezing: all the new standard	Dr. Fatma Al-Awadhi
14:20 - 14:30	Q&A	
14:30 - 14:40	Break	
Session 3 – THEME: General Gynecology Moderators: Dr. Baidaa Al-Senan, Dr. Ahmed Abdelkarim		
14:40 - 15:10	Sonographic Mapping of Pelvic Endometriosis	Prof. Dalia Elhaieg
15:10 - 15:30	Decoding Recurrent Urinary Tract Infections in Gynecological Practice	Dr. Mariam Mallalah
15:30 - 15:50	From Cesarean Scar pregnancy to Placenta Accreta: Can Cesarean Closure Techniques Make a Difference?	Dr. Mouza Al-Salmani
15:50 - 16:10	Managing Cesarean Scar Niche: Evidence and Surgical Strategies	Dr. Wael Hosni
16:10 - 16:30	Contraception in Practice: Choosing the Right Method & Managing the Challenges (Organon Symposium)	Dr. Eman Al-Sayegh
16:30 - 16:50	Smart Women's Health: The AI Revolution in Obstetrics & Gynecology	Prof. Tarek Bromboly
16:50 - 17:00	Q&A	
17:00	Close Day 2	

12 - 14 NOV. 26

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AGENDA

DAY 3 - SATURDAY, 14 NOVEMBER 2026

Time	Lecture	Speaker
Session 1 – THEME: General Gynecology Moderators: Dr. Saeed Al-Sary, Dr. Huda Al-Askar		
09:00 - 09:20	Surgical and Non-Surgical Management of Stress Incontinence	Dr. Nada Al-Ibrahim
09:20 - 09:40	Form, Function & Female Intimate Health: Rethinking the Role of Cosmetic Gynecology	Prof. Rashad Haddad
09:40 - 10:00	The Role of Menopausal Hormone Therapy (MHT) in Menopause	Dr. Kholoud Al-Awadi
10:00 - 10:20	The Gravity of the Situation: A Modern Evidence Based Update on Pelvic Organ Prolapse	Prof. Ghadeer Al-Sheikh
10:20 - 10:40	An Innovative Approach to Bilateral Sacrospinous Colposuspension	Dr. Wael Hosni
10:40 - 10:50	Q&A	
10:50 - 11:00	Break	
Session 2 – THEME: General Gynecology Moderators: Dr. Basma Al-Amiri, Dr. Wael Hosni		
11:00 - 11:20	vNOTES: Facts and Challenges	Dr. Saeed Al-Sary
11:20 - 11:40	Obstetrical Violence	Dr. Jehad Al-Harmi
11:40 - 12:00	Trip inside Genital Fistula	Dr. Khalid Kouteich
12:00 - 12:20	Urogenital Fistula: Timing, Technique and the Road to Successful Repair	Dr. Saeed Al-Sary
12:20 - 12:40	Hysteroscopic Mechanical Tissue Removal of FIGO 1, 2 and 3 Submucosal Fibroids – The uterus is not a prostate!	Dr. Lawrence Gobetz
12:40 - 13:00	Scope or Skip? Laparoscopy for Minimal and Mild Endometriosis in Unexplained Infertility, or Straight to IVF with PGT-A and Frozen Embryo Transfer	Dr. Lawrence Gobetz
13:00 - 13:20	Q&A	
13:20 - 14:30	Lunch Break	
Session 3 – THEME: Gynecologic Oncology Moderators: Dr. Abdullah Al-Mubaraki, Dr. Hessa Al-Rashid		
14:30 - 14:50	Cervical Cancer Screening (Launch National Screening Program)	Dr. Nourah Al-Ibrahim
14:50 - 15:10	Endometrial Hyperplasia Management	Dr. Wafa Al-Duwaisan
15:10 - 15:30	Ovarian Cancer Management	Dr. Dalal Al-Shammaa
15:30 - 15:50	Role of IR in Obstetrics and Gynecology	Dr. Abdullah Al-Enezi
15:50 - 16:00	Q&A	
16:00 - 16:10	Break	
16:00 - 16:30	Best Posters Presentation	
16:00 - 16:05	Incidence and Risk Factors for Urinary Incontinence Six Months Following Vaginal Delivery at New Maternity Hospital	Dr. Nazha Bader Al-Faraj
16:05 - 16:10	Reducing Trial of Labor After Cesarean Refusal Through Structured Shared Decision-Making: A Quasi-Experimental Study at Farwaniya Hospital	Dr. Mahmoud Abubakr Negm
16:10 - 16:15	A Clinical Audit of Surgical Site Infection Following Cesarean Section in Farwaniya Hospital	Dr. Fai Al-Asousi
16:15 - 16:20	Completely Herniated Gravid Uterus with Intrauterine Fetal Death in a Post Caesarean Incisional Hernia: A Case Report	Dr. Basem Hamed
16:20 - 16:25	Short-Term Outcomes of Rectus Muscle Reapproximation Versus No Reapproximation at Cesarean Delivery: A Systematic Review	Dr. Rawan Al-Nemran
16:25 - 16:30	Prevalence and Risk Factors of Postpartum Urinary Incontinence: Insights from a Cross-Sectional Study in Kuwait	Dr. Shahad Saleh Redha
16:30 - 16:35	Best Posters Awards	
16:35 - 17:00	OBGYN Board Ceremony / Awards for Graduates	Dr. Amal Khader Abdullah Dr. Fatma Al-Hadhoud
16:35 - 17:00	Closing Ceremony	Organizing Committee